



Funded by
the European Union

March 2023

JAUNPIEBALGA

NEWBALGA

**ALL
ABOUT
EASTER**

**SONG AND
DANCE
CELEBRATION**

SMU

*HOOKS &
PEARLS*

*TURN BOLDNESS
INTO SAFETY*



Turn boldness into safety

Taking into account the high rate of child trauma in Latvia, the Ministry of Health has launched a public awareness campaign "Turn boldness into safety". In which Jaunpiebalga High School had the opportunity to participate. As part of the campaign, the Children's Safety Sports Games took place on March 9. Students could try out a memory game, table hockey, balance board and other activities. One of the most frequent types of trauma was associated with each gaming activity. It all was presented by students at the Latvian Academy of Sports Education.

Written by Zanda Loginova

The campaign was created on the initiative of the Ministry of Health, the Children's Hospital and the Center for Disease Prevention and Control and is implemented within the European Social Fund project "Complex health promotion and disease prevention measures" (identification number 9.2.4.1/16/I/001).



Exhibition "School 2023"



After the exhibition, they went to the University of Latvia for a tour, where they were able to see two of the buildings. The students got to see the library that welcomes everybody, they got to climb up the many sunny floors and saw the capital city from above. At the end of the tour, they were able to listen to a helpful speech about saving money.

At the end of the day, the students were able to get a clearer look into their future studies, get interested in many different carers, and have an overall great time.

On the 3rd of march, students from our school went to the educational exhibition "School 2023" in Rīga, Ķīpsala, which is Latvia's most important event on educational opportunities. The exhibition gathers young people and offers high-quality information about studies in Latvia and abroad. At the exhibition, you can check out state and private universities, colleges, vocational education institutions, training centers, secondary schools, etc., which offer diverse teaching and study programs. In the exhibition, you can talk with students, consult with teachers and career counselors, and participate in exciting activities.

At the same time, the popular book festival - "Latvijas Grāmatu izstāde 2023" was held in Ķīpsala, which offered to meet writers, enjoy readings by authors, participate in book opening celebrations, get acquainted with publishing news, and exchange books.

Written by *Līga Daniela Kīne*



Easter is an important Christian holiday celebrating the resurrection of Jesus Christ after his crucifixion. However, for the Ancient Latvians, Easter was one of the four most important holidays of the year and was tied to the cycles of the sun in the sky -the day was longer than the night. It is this phenomenon that can be clearly observed in nature that has given birth to the saying - the victory of light over darkness.

Today, for many Latvians, Easter has lost its spiritual and historical basis. Eggs are dyed, everyone swings and uses the extra holiday to tidy up the house or tend the garden, but the Big Day is so much more. In Latvian folklore, there are many different traditions, customs and beliefs about what to do on Easter in order to get along with neighbours and for prosperity to reign at home.



 **HAPPY** 
Easter

At Easter, eggs must be painted by every housewife in order to have a good meeting with the family and neighbours. But whoever steals the Easter egg will remain naked as the Easter egg. Also, the tradition requires fighting with eggs. You have to get up early on Easter morning. It guarantees cheerfulness and happiness throughout the year. Whoever manages to bathe in clear spring water before sunrise will be cheerful and cheerful throughout the year. Also, on Easter, you need to swing properly, so mosquitoes and snakes don't bite in the summer.





Of course, Easter is unthinkable without a festive feast. One of them is the sweet cottage cheese dessert pasha.

Ingredients:

- 500 g of low-fat cottage cheese
- 150 g of butter
- 100 g of sour cream
- 3 eggs
- 150 g of sugar
- vanilla sugar
- 150 g of whipped cream
- ½ cup raisins
- lemon peel
- fresh or dried fruit
- nuts
- marmalade

Preparation:

It is best to prepare the pasha the day before serving. Grind the cottage cheese, add butter, beaten eggs, cream, vanilla sugar.

Heat the mass in a water bath until it acquires a flexible, liquid consistency.

While stirring, cool the mass in a container with cold water, then mix in the raisins, rub the lemon peel.

Spread the molding with wet gauze or a cloth, put the prepared mass in it, place it in a cool place.

The next day, unmold the pasha, decorate it with whipped cream, fresh fruit, chopped nuts, marmalade.

Written by Zanda Loginova



"Follow a student"

It is a unique opportunity to understand the life of a university student and find out how your everyday life could look like in the future. Students of RTU (Rigas technical university) - who know the best will tell you about their studies and life in the university.

I also attended!

I saw an advertisement for this event on Instagram. I had already thought about studying in this university so I knew I had to apply. I chose the E-technology and humanities science faculty.



I shadowed a girl from the first course. We had two lectures. The first one was a general translation. I found it really interesting. We had to discuss the best way to translate certain words. The second lecture was analytical reading. I liked it too, maybe not as much as the first one but I found it necessary and useful. After both lectures we headed to the main buildings and university outside.

Overall I found this experience really useful and it will definitely help me decide in the future.

Written by Gerda Johansone



"Latvian Song and Dance Celebration"

Latvian Song and Dance Celebration is a traditional cultural event in Latvia. It has become an event of national and international importance that calls together and unites Latvians around the world, unites different generations and nationalities. A festival every Latvian knows.

The first Latvian singing festival took place in 1873 and included 1,003 singers and 16 musicians. Cultural Dance joined the celebration in 1948. The festivities usually take place every five years and this is one of those years.

This year will be the XXVII Latvian Song and XVII Dance Festival, which will take place from June 30 to July 9, 2023 in Riga. More than 1,700 collectives in Latvia and abroad are preparing for the Song and Dance Celebration this year. Among them are our parish collectives. Their preparation time for the festivities is very tense and full of rehearsals.

The mixed choir of Jaunpiebalga is diligently preparing for the show in order to have the opportunity to sing on the big stages of Mežapark and participate in sing-along concerts with other choirs.

The dance groups are carefully developing their dances in order to have a chance to dance in the big performance "Eternal Engine". Takes part in many different concerts with other collectives. The folklore ensemble "Piebaldzēni" is preparing performances and has already obtained a first degree diploma.

But all this is just a small part of what our parish collectives do in preparation for the holiday. There are still many songs to be sung, many dances to be performed and many instruments to be played, so that everyone has the opportunity to meet at the Riga festival this summer.



Student learning business (SMU)



You may be wondering what it means - student learning business. Well, let me tell you. It is a business that students have created and are also managing it. This student-created business functions as a real one would in the outside world - students produce and sell goods or services. These businesses are not legal entities; they are represented by Junior Achievement Latvia and the school.

SLB existing time students have an opportunity to participate in markets and festivals where they can sell and present products. If SLB is successful and will be one of the best, students can go to international markets and sell, and promote their products and business. Overall it's a unique experience and you can learn a lot from it.

My friend and I decided to try and create our business. It starts with an idea. We saw the potential for a business in our hobbies, which are crocheting and beading. We decided to call it "Hooks & pearls" We make crochet plushies, flowers, and beaded necklaces. Why crocheting and beading? Great question!

I first tried to crochet in school six years ago. Then I didn't really like it right away but just about 2 years ago I saw that fans of Harry Styles, who is one of my favorite singers, are making a cardigan which he wore. And I thought I could do that, and sure enough I could. And I also found my hobbies: I love to make different, colorful clothes.

For my friend, beading started in art school and she found it really interesting. She also took inspiration from her stepmom, because she used to make beaded necklaces.

To summarize we both found this experience really useful and also interesting.



Written by Gerda Johansone

Career Day

As every year, Career Day was held at Jaunpiebalga High School on March 10. 5-12 grade students had a great opportunity to meet 13 new teachers - successful, young people.

Each of the invited participants of the Career Day assumed the role of a teacher and conducted 5 lessons. Our students had the opportunity to learn how important it is to continuously learn; how the work environment has changed; what qualities and skills are in demand in the labor market; how important it is to find activities that interest you outside of school hours, using what Jaunpiebalga Secondary School offers. Several teachers reminded that contacts should be made already during school years, that one should dare and do.

In my opinion this was the best Career Day that i have attended in our school. There were so many different people with various professions to hear about and each one of them was ready to answer every question, even the weird ones.

My favourite part was probably when all the students of our school gathered in the hall and we were introduced to each of the invited persons (because each class only had time to learn only about five professions). The event ended with Nikija Krivāne having organized a small concert for us and we all helped her sing as well.



We were visited by:

Krišs Spalviņš - graduate of our school, associate professor at RTU;

Madara Vidze - translator, office manager in an IT company;

Megija Staškeviča - a student of our school, customer consultant of the enterprise segment at Swedbank AS;

Lauma Dombrova - a graduate of our school, head of the Culture Department of the Cēsi region municipality;

Edžus Nedēja - a graduate of our school, graduated from RTU's marketing faculty, worked at "Kurbad";

Lāsma Alksnīte - student of our school, worked in the field of insurance, currently runs a farm;

Sabīne Ābelniece - graduate of our school, psychologist, currently works at Luminor;

Santa Sudraba - manager of Rauna TC, professional photographer;

Nikija Krivāne - student at Vidzeme University, producer and presenter on television;

Gunita Subača - graduate of the Main Specialist of the Headquarters and Supply Department of the Combat Support Battalion of the Land Forces Mechanized Infantry Brigade of the LR NBS;

Andris Subačs - sergeant major of the 13th infantry battalion of the ZS;

Sabine Sikle - flight attendant at Air Baltic;

Nikola Kovalevska - public relations specialist at the "Turība" University of Business.

Written by Ance Rutka



This project has been funded with support from the European Commission. This newspaper reflects the views only of the authors and the Commission cannot be held responsible for any use which may be made of the information contained in there.