

JAUNPIEBALGA

**SPECIAL EDITION** 

BMX CYCLING REVIVAL

VERONIKAS BIGGEST SUPPORT - FAMILY **OLYMPIC YEAR** 

Veronika's goal is to qualify for the Olympic Games in 2024.

> BIGGEST ACHIEVEMENTS

BMX RACING
VERONIKA MONIKA
STURISKA

WORLD JUNIOR CHAMPION 2023



PEN©



### FIRST STEPS BMX

Veronika was taught to ride a bicycle at the age of 2 by her brother. He had to promise Veronika a lollipop. Veronika learned how to keep balance and went down the hill and left, but she never got promised lollie. Veronika started training in BMX cycling at the age of 6, thanks to her mother. Veronika's mother had seen in the newspaper that the Vecpiebalga BMX club invites children to train in this versatile sport. So the brother started training with little Veronika.

### BIOGRAPHY

Veronika was born on December 28, 2005 in the family of Gunars and Sanita Sturiska. Veronika has an older

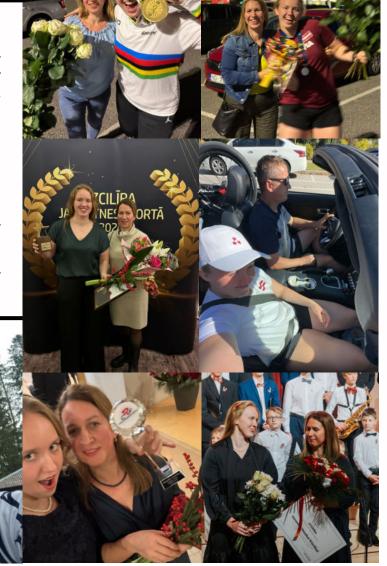
brother. Veronika's home is in Cesis county, Jaunpiebalga. In 2007, Veronika took her first steps in Jaunpiebalga preschool. Continued after her that, she studies at Jaunpiebalga secondary school. Veronika is currently studying in the 12th grade in Jaunpiebalga Highschool.

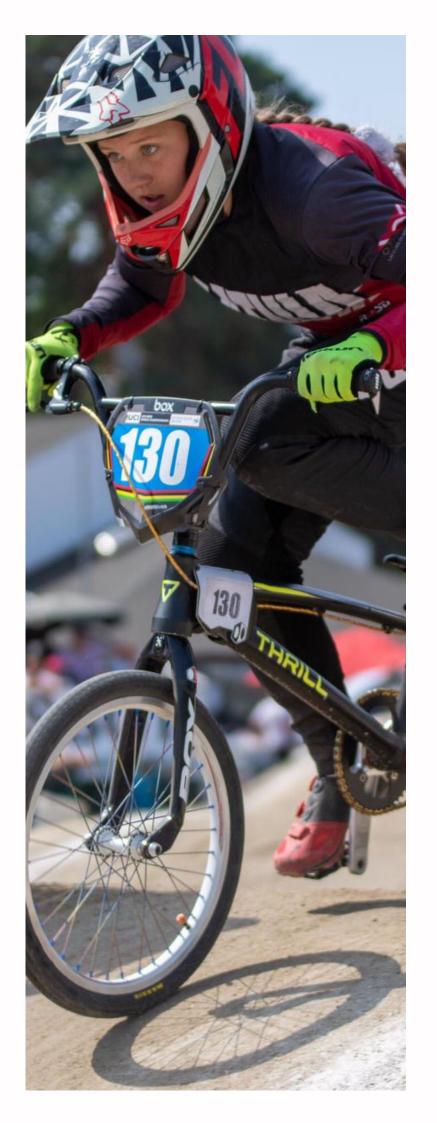


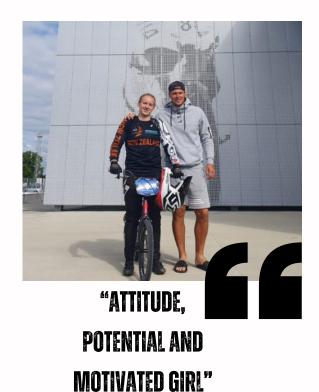


## VERONIKAS BIGGEST SUPPORT - FAMILY

biggest support Veronika's motivation is her family. Veronika admits that her parents are her biggest support for success on a daily basis. This would not have been possible without the time and care the family has given. Someone from always took the family her to practice. In the summers, Veronika trains not only in Smiltene, but also in Valmiera at the BMX track of Mara Strombergs.







-Maris Strombergs-

### **BMX CYCLING REVIVAL**

Veronika trained in Vecpiebalga BMX club for 3 years. Then she was forced to take a break because she broke her arm while playing soccer with her friends.

Veronika started training again in 2017, but then it already happened at the BMX club "Silvas Ziķeri" in Smiltene.

Although other BMX riders trained from a young age, Veronika proved to everyone that with hard work and desire, age is not an obstacle.

Veronika began to be noticed in the Latvian BMX community at the age of 14. In just 4 years, Veronika's progress was remarkable



### **GOVID - 19**

At the end of 2019, with the start of the Covid-19 pandemic, the training process for athletes was complicated. Veronika trained despite nothing. It was a tough challenge because the training process had to be spent alone. During this period, many tears were shed and it was impossible to do without difficult moments.

### **EUROPEAN CHAMPION 2021**



In July 2021, the BMX European Championship title race took place in Zolder, Belgium. Veronika reached the grand final in the girls' G 16 group. Although Veronika was in third place

after the start, she demonstrated great speed in the final part, first overtaking the Czech rider, and at the end of the finish line she overtook world champion Lissie Van Schijndel from the Netherlands





















# WORLD JUNIOR CHAMPION 2023

In August 2023, BMX Racing World Championship took place in the Scottish city of Glasgow. Veronika started the competition by participating in the Round 1 and later on quarterfinals, where she was the fastest in her race, entering the semi-finals, later qualifying for the finals with the second position. In the final, Veronika started on the inside and quickly gained the lead. Veronika finished in 37.457 seconds.







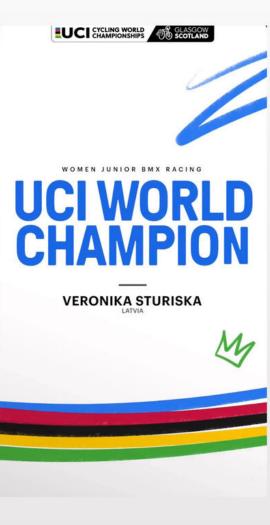


Latvija ir talantu lielvalsts: apsveicu pasaules junioru čempioni BMX riteņbraukšanā Moniku Veroniku Stūrišku ar izcilo panākumu, novēlu daudzas uzvaras nākotnē  $\approx 3$ 











# U23 WORLD GUP WCTORIES







Papendal, The Netherlands



Bogotá, Colombia 🗕



Papendal, The Netherlands

Bogotá, Colombia =

## MULTIPLE LATVIAN NATIONAL CHAMPION













European chempion G16 2021

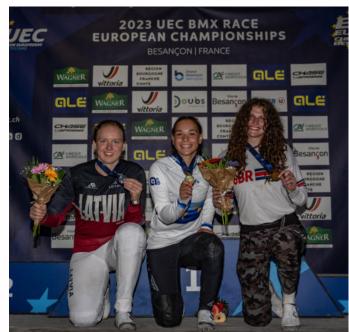


World vice-champion U23 2022



World cup overall champion U23 2022





European vice-champion junior 2023



World cup overall vice-champion U23



### PARIS 2024



Veronika's biggest goal is to bring Latvias n a m e to the world by participating and winning. Veronika's greatest pride is to stand on the highest place of the podium and hear the Latvian national anthem and see how we raise the Latvian flag.



## FUTURE GOALS



### **OLYMPIC YEAR**

Veronika's goal is to qualify for the Olympic Games in 2024. This is by no means not an easy task. Veronika and her training partner Vineta Petersone are trying together to get a place for Latvia in the Paris Olympic Games. But only one of the athletes - the best one - will go to represent Latvia.





Outside of BMX, Veronika has a great passion for cars. Veronika has had this since childhood. Veronika's brother Marcis used to be and still is a very big car enthusiast. When Veronika was growing up, she drove with her father and brother on the tracks and every time she hoped that the boys would give her a ride and teach her. That's how Veronika developed a love speed and extreme situations. Winter is not Veronika's favorite time, but every year she looks forward to it so that she can drive with her needs and enjoy it.







Veronika so far has traveled to 21 countries with BMX. Although she admits that it mostly consists of competitions and training, she also goes to see the most interesting places in her free time.

Europe - The Netherlands, Belgium, France, Italy, Poland, Estonia, Lithuania, Finland, Switzerland, Germany, Spain, England, Scotland, Malta, Manako.

Asia - United Arab Emirates, Turkey.

Oceania - Australia, New Zealand.

Americas - America, Argentina, Colombia.

